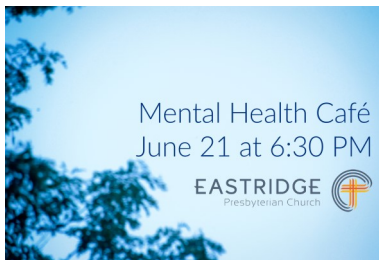




In May, you can participate in **Mental Health America's "Light Up Green,"** campaign. When friends ask you about your green light or yard sign, you can tell them. "We want to end the stigma and shame that stop so many from getting support for their mental health." **Those of you who have picked up light bulbs, please share pictures on social media (avoid addresses, please) & use #GreenLightProjectNE to share your support!**



Mental Health Café June 21, 6:30 PM. Join us for our first Mental Health Café: an opportunity for a conversations around mental health and related topics in a free an open atmosphere. Everyone is invited: whether you bring your own personal experience or you are concerned about a loved one or you simply want to listen.

Coffee and treats will be provided. No registration required.

(sponsored by EPC Faith Partners). Questions? Contact Pastor Thomas, 402-488-1454 or tdummermuth@eastridge.org



THE GATHERING PLACE: Eastridge Presbyterian Church arranges to provide 4-5 volunteers at The Gathering Place, a local soup kitchen, on the 4th Monday of each month. For more information on what this entails, contact the church office. Thank you to all Eastridge members who volunteer to serve at The Gathering Place.

A sign up for 2023 is here:

<https://bit.ly/TheGatheringPlace2023>

Eastridge Church Staff

- Rev. Dr. Melodie Jones Pointon.....Senior Pastor
- Rev. Thomas Dummermuth.....Associate Pastor
- Kris Adler-Brammer.....Youth and Children's Ministries
- Dr. Brian Lew.....Director of Music Ministries
- Donna Gustafson.....Office Manager
- Andy Kalnins.....Night/Weekend Custodian
- Brent Shaw.....Organist
- Will McGuire.....Worship Leader
- Vince Ruhl.....Director of Online Worship
- Brett Meier.....A/V Tech
- Laura Siemsen.....Administrative Assistant

Office number.....402-488-7844

Melodie Jones Pointon's cell – 402-817-9004
email: mjonespointon@eastridge.org

Thomas Dummermuth's cell – 402-817-9642
email: tdummermuth@eastridge.org

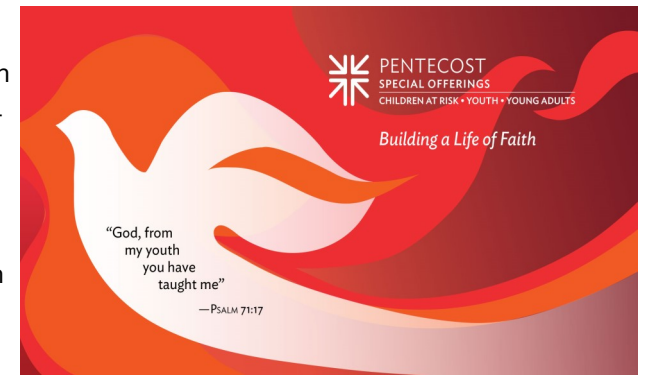


Next week: only ONE service at 10:00 am!

TODAY AT EASTRIDGE

9:00 am	Worship —Sanctuary
10:00 am	Reception for High School Graduates—Welcome Center
10:30 am	Worship — Sanctuary and online

The Pentecost Offering, one of four special offerings of the PC(USA), focuses on youth. Sixty percent of the offering is sent to General Assembly with 25% designated for young adult volunteers in Christian service, 25% for ministries such as Youth Triennium, and 10% to advocate for children at risk. The remaining 40% of the total offering collected is retained by the congregation. This year, the Outreach Committee has chosen to send our portion to the YMCA of Lincoln to help provide swimsuits for needy children who will be learning to swim this summer.



This summer we're exploring those **Biblical characters that inspire us, challenge us, and remind us of us.** Who is this person for you? And why? Each week, we'll tell the bold and untold stories of people whose life and faith resonates with ours. E-mail your suggestions and stories to mjonespointon@eastridge.org or tdummermuth@eastridge.org. Read more in the May newsletter!



TODAY!

On Sunday, May 21, we will celebrate our **graduating High School seniors** at the 9:00am service. Following the service, we will have a reception in the Welcome Center. We hope you will be able to join us as we recognize this group.



CHANGES TO WORSHIP SCHEDULE: Beginning May 28 (Memorial Day Weekend) we will be joining as one worshipping community in person and online at 10 am. Hope to see you!



The **Eastridge Food Pantry:** Here are the links for volunteers (below)
Distributing food: <https://bit.ly/FPDistFood>
Filling boxes: <https://bit.ly/FPFillingBoxes>

Sunrise Road Podcast Season Two: The World on Your Doorstep: Evangelism used to happen



on our doorsteps with a smile, a handshake, and an invitation. Mission meant building a new church on the edge of town and sending money and supplies to support the work of missionaries around the world. In these conversations, we'll explore what evangelism and mission are today, with a world on our doorsteps. Beginning with one sentence definitions by our guests, we'll work toward a understanding of how we share our faith today, and why we share it.

CONTRIBUTION STATEMENTS

The church office will be mailing out **first quarter statements** by request only. Contact the office if you'd like yours mailed or emailed to you.



EPC Book Club:

Join us on Monday, June 12 at 7:00 pm for our last meeting of the school year (we will resume in September). Our pick is: **The Alice Network by Kate Quinn**. We meet in M12; refreshments and discussion leader for June is Kris Brenneis.

Check out the website (calendar menu) for next year's picks.

PRAYERS

Condolences to Carol McClain and family following the loss of her husband, Tim. Tim's memorial service will be held on Monday, May 22 at 11:00 am at Eastridge.



Want to share a bit of news or a photo with your Eastridge family? Drop your bulletin board submission off in the church office (or the office inbox) and we will add to the newsworthy/buzz-worthy board outside the library! We are hoping to put a spotlight on the "littles" in our midst, so if you have some news to share about a child or grandchild, please pass it along so we can share!



Lauritzen Gardens

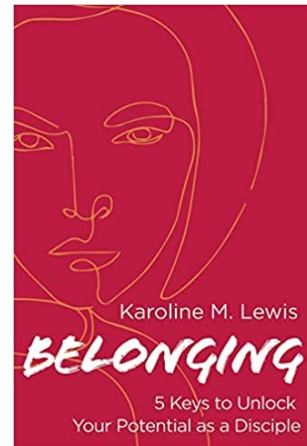
LADIES NIGHT OUT: We will head to Omaha to **Lauritzen Gardens** on Sunday, June 11 at 11:30 am (following worship and coffee fellowship). Meet in the parking lot to carpool, or contact the office if you'd like to meet us there.

NextTrex

We will still collect plastic bags through the **TREX program**, this time to help out **A+ Academy**. So far, Eastridge has collected enough bags for two benches (one is located in our Welcome Center). A+ Academy will start the collection going forward, so keep collecting and bringing in your clean plastic bags! For more information, check out the receptacles in the entry.



Fourth Friday Women's Coffee: On the fourth Friday of each month, join this (mostly) retired group of ladies that meet in Huxtable Lounge here at Eastridge for coffee at 8:30 am. Join us May 26!



"Somewhere in the history of our developing belief in and relationship with Jesus, we likely latched on to a story in the Bible in which we could see ourselves. The story helped us make sense of our own experiences of God. We connected with the characters, the scene, the details, the conversation—and with what the story revealed about God. Perhaps without realizing it at the time, the story shaped both our life with Jesus and our knowing of God." Lewis, Karoline M.. *Belonging* (p. x). Abingdon Press. Kindle Edition.

Join Pastors Melodie and Thomas for a summer Bible story exploration! Using Karoline Lewis' book, *Belonging*, as a guide for our study, we'll identify who in the Bible inspires us. Meets Thursday mornings in June at 10 am on Zoom. **Sign up here:** <https://bit.ly/belongingbookstudy>