I don’t think this will come as a surprise to very many of you—I love history. I love reading memoirs, and textbooks, and genealogy. Which means I love Ken Burns’ movies.

Ken Burns, as you may know, is an award-winning documentarian of mostly American history. He takes a subject (like baseball or jazz) or conflict (like the Civil War or Vietnam) and examines it on so many levels that it always leaves me speechless at the many connections with the world today. In a recent interview on NPR’s podcast, Throughline, Burns said, “But the great tyranny, the great arrogance of the present is that we somehow think that because we’re alive and they’re not that we know more than them. And we do not. We experience everything the way they did, and there were conversations 10,000 years ago that were as complex as I hope this is.” CS Lewis called it “historical snobbery,” when we look at what happened in history and think we’re so much more advanced and knowledgeable now.

As we enter the month of October, we will find ourselves shifting from the superheroes of the past, those Sunday school stories from the Old Testament, to the heroes of today and tomorrow. Which is a daunting challenge, if you think about it. When I study history, what I hope to find is a connection with life today that will help me make sense of what is happening. I look for patterns that are repeating, for systems that remain broken, for pain that keeps hurting. Maybe you’ve noticed that there are times when the Biblical texts lead us to name something that is happening today, even though the text is from centuries ago.

Our hope in studying Revelation is that we would be able to look to the church of the present and future; that each one of us would find the faith superhero that is inside of us. This is, after all, what the writer of Hebrews was leading up to in chapter 11, naming all of the heroes of the faith, and then ending with these inspiring words in chapter 12: “So then, with endurance, let’s also run the race that is laid out in front of us, since we have such a great cloud of witnesses surrounding us. Let’s throw off any extra baggage, get rid of the sin that trips us up, and fix our eyes on Jesus, faith’s pioneer and perfecter. He endured the cross, ignoring the shame, for the sake of the joy that was laid out in front of him, and sat down at the right side of God’s throne.” (CEB)

Dear friends, as we look to the future, let us remember who we have been, who we are, and who God is calling us to be, drawing strength from our Lord and Savior Jesus Christ. Our faith is our superpower!

In Christ, Melodie
Join us as Teri and Derek Effle* lead a DIY “My Family’s Good Stuff” Workshop

Date: Wednesday, October 9
Time: 5:30 pm-7:00 pm
Where: Huxtable Lounge

Who it’s for: Parents, Grandparents, Caretakers... anyone who’s part of a family! Snacks provided.

This workshop is roll-up-your-sleeves and talk about what makes your family uniquely “your” family. It’s about taking the time to talk about the good stuff that makes you who you are and then jotting down a short simple list that will help everyone in your family know how to act and just be.

Join us to put down on paper all the ideas of how you want to live as a family. We’ll chat about the things your family members have passed on to you from previous generations and let you determine what you want to keep, what you want to let go, and what you want to create new just for you.

Your list may include good stuff about your family’s approach to:
- Balancing work, school and fun
- Bettering our community
- Laws and government
- Alcohol and drugs (for youth and adults)
- Beliefs and faith
- Stress management
- Good character

Eastridge Faith Partners team members have been working on this event for the past 3-4 months, and we hope to have a great turnout of Eastridge families!

Some things our Eastridge group said:

“Teri and Derek are great! They have a lot to share, and our Faith Partners group has enjoyed getting to know them!”

“I wish that I had done something like this when my kids were in elementary or high school... it’s a great way to connect as a family”.

Check out the Eastridge Presbyterian Church Facebook page for event information, and/or contact the office.

We hope to see you at 5:30 pm on October 9 in Huxtable Lounge!

Appetizers/snacks provided!

*Teri Effle, Region 5 Systems, and Derek Effle, Prairie Fire Consulting
THIRTY DAYS OF THANKS

Help celebrate our blessings by taking part in the “Thirty Days of Thanks” food drive. Eastridge Presbyterian Church has been recognized as a Hunger Action Congregation by the Presbyterian Church (USA). October includes the Food Week of Action on October 13-20, 2019, and October 16, 2019, is World Food Day. To continue our work to help alleviate hunger in our community, the Hunger Action Board is sponsoring a food drive to help restock the pantry shelves for the coming holiday season.

Included below is a listing of items needed in the pantry. We are asking you to collect these items in a box each day between October 13, 2019, and November 10, 2019. The completed boxes can then be returned to church on November 10, 2019, when Eastridge celebrates Thanksgiving with the annual Thanksgiving dinner. The 30th day is November 11, 2019. We ask you to include a check or cash to help pay for holiday pies for pantry clients. Eastridge has been extremely generous in the past, and we hope everyone will continue that generosity and support this food drive.

~ Hunger Action Board

We Need:

- Can of Pineapple
- Jar of Applesauce
- Can of Baked Beans
- Box of Cake Mix
- Bottle of Cooking Oil
- Package of Flour
- Package of Sugar
- Can of Chef Boyardee meal
- Can of Chili
- Can of Spaghetti-O’s
- Can of Cream of Chicken, Celery, or Potato Soup
- 2 Quart of Juice
- Can of Ground Coffee
- Jar of Mayonnaise
- Jar of Ragu or Prego Spaghetti Sauce
- Bottle of Liquid Detergent
- Bottle of Dish Soap
- A check $5-$20 (or more!) to EPC with “Eastridge Food Pantry” in memo for us to get pumpkin pies for our clients
The Session acknowledged the baptism of Allen Jun Trauthen, son of Scott Allen Trauthen and Yue Trauthen, at the 9 a.m. service on July 28, 2019.

The Session approved the baptism of Barrett Blake Meyers, born January 4, 2019, son of Avery and Blake Meyers, on September 8, 2019, at the 9 a.m. worship service.

Eastridge received a letter of thanks for its 2018 contribution to the Theological Education Fund of the Presbyterian Church (USA). Eastridge donated $5,900, which was the largest donation from churches in Homestead Presbytery.

The Session welcomed three representatives of Homestead Presbytery: the Rev. Stephen Earl, Interim Executive Presbyter; the Rev. Jeff Warrick, Moderator; and Elder Wendy Wait, Vice Moderator. The Session and the presbytery representatives discussed the per capita requirements of the PCUSA.

The Session approved the recommendation from the Worship and Music Advisory Committee to maintain a worship schedule of two services at 9 a.m. and 10:30 a.m. Gift activities will be held on Wednesday nights.

The Trustees reported that the church van will be repaired, but its use will be restricted to the food pantry. It will not be used for transportation of youth.

The Outreach Committee reported that 18 people attended the trauma training event. The school supply drive was successful and supplies were delivered to Lefler Middle School.

The Worship and Music Advisory Committee reported that a piano subcommittee will meet and make recommendations about the sanctuary piano, which needs a complete overhaul or replacement in the future.

**EPC Book Club:** We’ll meet Monday, October 14 at 7 pm in the Conference Room to discuss *The Little Old Lady Who Broke All the Rules* by Catharina Ingelman-Sundberg. The list can also be found on the church website.

<table>
<thead>
<tr>
<th>Date</th>
<th>Title</th>
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<tbody>
<tr>
<td>October 14</td>
<td><em>The Little Old Lady Who Broke All the Rules</em> by Catharina Ingelman-Sundberg</td>
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<tr>
<td>November 11</td>
<td><em>The Trouble with Goats and Sheep</em> by Joanna Cannon</td>
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<tr>
<td>January 13</td>
<td><em>Zoo Nebraska</em> by Carson Vaughan</td>
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<tr>
<td>February 10</td>
<td><em>My Grandmother Asked Me to Tell You She's Sorry</em> by Fredrik Backman</td>
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<tr>
<td>March 9</td>
<td><em>The Dutch House</em>, by Ann Patchett</td>
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<td>April 13</td>
<td><em>There, There</em> by Tommy Orange</td>
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<td>May 11</td>
<td><em>The Moment of Lift</em> by Melinda Gates</td>
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<tr>
<td>June 8</td>
<td><em>Killers of the Flower Moon</em> by David Grann</td>
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**Time to think about Per Capita!** When each Eastridge member pays his/her per capita, it allows our offerings to fund more items in the general budget. This year, per capita is $45 per member. Per capita is “the tie that binds” — annual giving that unites the church in the ongoing and essential work that guides of Office of the General Assembly, the life of the Presbyterian Church USA, and benefits every congregation and every mid council ministry.
Creating Advent: A Worship and Craft Workshop

This year we would like to invite all ages to join us for a special worship experience on Wednesday, December 11. The evening will integrate Advent crafts into our worship time together. Participants will have the chance to make crafts while learning how they fit into our Advent & Christmas story. Each station will have activities that are appropriate for a variety of age groups. As we get closer to Advent, please watch church publications for additional information. The evening will be hosted by the EPC Youth Group. We hope you will make time to join us.

iPads in church? Thank you to Black Hills Energy for the gift of five iPads. We plan to use these iPads in our Food Pantry, in our trauma healing ministry, and in worship. Yes! In worship! We recognize that tablets and iPads allow those with limited vision to make necessary adjustments to read and participate in worship. We are planning to make this available soon, but realize there’s a few technological issues that could be frustrating. We’ve asked the choir to use this technology and give us some feedback. We are excited about the possibilities, and hope you’ll be hearing more soon!

Orchard Visit: Join us at the orchard! Everyone is invited to join Eastridge Church at Martin’s Hillside Orchard on Saturday, October 5! Whether you come early or stay late, we’ll meet just outside the barn for some fresh cider and fellowship at 10:30 am. RSVP in the office if you like, show up even if you haven’t, and come prepared to enjoy fall in Nebraska! (Martin’s Hillside Orchard is at 2024 Ashland Road in Ceresco).

THANK YOU for your donations! We have several folks that donated snacks for our afterschool program. They will get us through the next few months and we are grateful. And, thank you to those who donated to our college care packages. We were able to put together 29 very full packages that are much appreciated by our college students.
We Need YOU!

Even though we have started our education year, we could still use some additional folks to help with our children and youth programs.

**Preschool teachers** (3yr – 5yr olds) – we can use three additional folks that will teach/assist in the preschool class on Sunday mornings. This is a once a month commitment during the 10:30am service. The children remain in worship through the Worship Connection and then go to the class.

**Tuesday Afterschool Program teachers** (Kindergarten – 5th grade) – we can use three to five additional teachers for the classroom portion of our afternoon program. By adding three to five adults, this could be a bi-monthly commitment. Three Tuesdays a month it would the time commitment would be 4:00pm to 5:15pm and the four Tuesday it would be 3:15pm – 5:15pm.

**Tuesday Afterschool Program snacks** – we have a good stash of snack for the next 6 weeks or so but could use some additional items. We could now use some gift cards so we can provide fresh fruits and veggies each week.

**Youth Group dinners** – we can use volunteers that would be willing to provide dinner for the youth group. Dinner is at 5:30pm and is served for 25-30 people. This could be done by individuals or could be done by a group. We would also love to have you stay and eat dinner with us so we can get to know you.

**Acolyte assistants** – each Sunday morning we like to have an acolyte at each service. In order to help them prepare and get down the aisle at the right time, we could use a volunteer that will help them. It does not require additional time other than attending worship. We could use at least one or two volunteers at each service.

The above are short descriptions of our current needs. If you have interest in helping in any one of these ways, please contact Kris Adler-Brammer at kadlerbrammer@eastridge.org or call the church office.

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**Thursday Night Bible Study:** We have finally wrapped up our summer study and are ready to start the next one! We have a few ideas, but nothing is decided yet. If there’s a topic you’d be interested in, please let me know! I will create a form with several ideas and brief descriptions that we can vote on as a group. This vote will take place on Thursday, October 3 between 6:30-7:30, during a GAME NIGHT! We also plan to share a meal at this time. Kids are welcome to join! (We have a sitter available at no additional charge to us at church during our regular study time.) Additionally, we will re-survey the best meeting time. So don't let Thursdays put you off! Please let me know if we can count on you to join us for game night!

~ Kylie Meter
What does a GiFT event look like?

GiFT takes place on the first Wednesday each month. A GiFT event begins at 5:30 pm with a joint dinner and a time of fellowship in the fellowship hall. At the heart of a GiFT evening is a fun interactive experience that centers around milestones of our lives, and engages all ages. GiFT also offers practical tools to nurture the faith of families and individuals in our daily lives.

Come join us on October 2, as we talk about Career: Vocation.

The Peace & Global Witness Offering (formerly known as the Peacemaking Offering) will be received on October 6. One of four special offerings of the Presbyterian Church USA, this offering encourages the church to embrace God's reconciliation with those around the corner and around the world. One-quarter of the local offering is retained for our congregation's own peacemaking work.

TRUNK or TREAT: On Friday, October 25, EPC will team up with A+ Academy for a fall carnival. A+ will provide the indoor games, bouncy house and food for dinner. We would like to provide the treats for indoor trick or treating. We would love to have as many people as possible who would decorate a door and/or dress up and be willing to hand out candy. Donations of candy are also welcome.

CAUTION: GOD AT WORK BUILDING HOPE.

Have you stopped by the CAUTION: GOD AT WORK site in the Welcome Center to learn more about Eastridge mission activities? In the months that follow, a specific ministry or offering opportunities that help BUILD HOPE will be highlighted. THIS MONTH: Maker Village
October is Clergy Appreciation Month! Not that baked goods aren’t welcome, but how about these ways to show a pastor appreciation: 1) pray for them, 2) volunteer in a church ministry or activity.

Holy Friends:
Join us in interfaith dialogue to foster a better, more tightly-knit community at **Holy Friends: friends learning with friends**. We’ll meet from 7:00-8:30 pm the 4th Monday (we started September 23) at Bryan West. Register (no charge) at: tinyurl.com/HolyFriends. For more info, contact Rev. Thomas Dummermuth or Lew Kaye-Skinner (lew@kayeskinner.com) or facebook.com/FaithCoalitionLC. Background for our discussions will come from Barbara Brown Taylor’s *Holy Envy*. Check your email or the church website for more info!

Do you know who the **theologians of our hymnal** are? Join Brian Lew on Tuesday, October 8 at 12pm in the Huxtable Lounge as he talks about “**Heroes of the Hymnal**”. We will examine prominent hymn writers who have crafted and shaped the hymns that we sing in worship. Brown bag lunch welcomed.

**Bistro Theology**

Join us - again or for the first time - at Bistro Theology!

When: Thursday, October 24 (a week earlier than typical) at 7:00 pm. Where: The Piedmont Bistro by Venue

**What Bistro Theology is:**

- a monthly conversation in Lincoln NE about stuff that matters.
- a gathering space for people of all faith and non-faith backgrounds to come together

and respectfully dialogue and question over life, spirituality, culture and society. a celebration of our community and how we can challenge and learn from each other.

**What Bistro Theology is not:**

- a slick new evangelism program.
- a Bible study at the bar.
- a church service.
- a debate club.

Come join us at the **Piedmont Bistro** for Faith, Drinks, Discussions.
Ladies Night Out will go to Deer Springs Winery for S’mores and wine on October 12 at 5:00 pm. For more information, contact the office or Shirlette Hershiser.

Lincoln Crop Hunger Walk: Sunday October 13 at First Lutheran Church. Sign in at 1pm; begin walk at 1:30pm. One-fourth of funds raised will support local agencies, including the Eastridge Pantry. For more information contact Bill Wehrbein or the office.

The Eastridge Hospice Singers will be holding an information meeting on Tuesday, Oct 1 at 6:30 in Huxtable Lounge. The purpose of this meeting is to provide details pertaining to required volunteer hospice training and time commitment needed as a member of this special music ministry and mission of our church. Anyone having questions about our Eastridge Hospice Singers and/or are interested in attending this information meeting should contact Patty Niemann at 402-432-8353 or epc.hospice.singers@gmail.com. Singers of any religious affiliation or church denomination are welcome to be a part of this special ministry for those in hospice care. The Eastridge Hospice Singers wish to say "Thank You" to Union Bank and Trust for their $250 community donation to help support this special music ministry of our church.

(At right: a recent hospice singing visit to Madonna)